



ACHIEVER OF THE WEEK

Anthony Rapkins 9.8kg loss and a 5.85% total loss

TOP 10 LIFESTYLE CHALLENGERS

NAME	Total % Lost
Anthony Rapkins	5.847255
Brett Morisson	5.405405
Tom Isabel	5.09165
William Hansen	3.340441
Travis Ramm	2.76739
Jay Travers	2.62336
Dean Pipe	2.547065
Justine Knight.....	2.504174
Dianne Creedy	2.443439
Liam Richardson	2.424942

WEEK 4 CHALLENGE

This weekend Saturday 12 March starting at 8am is the Rockhampton Regional Council River Walk



Contestants as well as their families and friends are invited to join a group walk commencing from the Rockhampton Fitness Centre. The walk will follow the walking track along the Fitzroy River. This is a great opportunity for people to get together and share the fresh air and enjoy the spirit of group exercise and the outdoors in a friendly self-paced event.

MAJOR PRIZE!



Nissan Micra ST Manual; valued at \$13,990 D/A



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For full results and challenge updates visit
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